

## Behavioral Health Partnership Oversight Council Coordination of Care Subcommittee

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The Subcommittee will work with DSS, DCF, ValueOptions and the HUSKY plans to identify and monitor key issues in ensuring coordination of HUSKY member behavioral health care benefits with the benefits that remain the responsibility of DSS/ health plans. Health Plan responsibility includes primary care, specialty care and transportation services. DSS is responsible for pharmacy services starting 2/1/08 and dental services 9/1/08.

#### Co-Chairs: Maureen Smith & Sharon Langer Meeting summary: <u>May 27, 2009</u> Next meeting: JULY 22, 2009 @ 2:20 - 4:30 PM @ LOB - RM TBA

#### MCO & CTBHP/VO Co-management

- Sandy Quinn (CTBHP/ValueOptions VO) will report managed care organization (MCO) and VO co-management data for the 2<sup>nd</sup> Quarter 2009 at the July subcommittee meeting. HUSKY and Charter Oak Health Plan (COHP) data will be reported separately beginning with the 2<sup>nd</sup> Q09. The 1<sup>st</sup> Quarter 2009 data was presented at the April 22 meeting.
- Brenetta Henry (Family Representative) had noted at the April meeting that data requested from the West Hartford local system of care, such as pediatric psychiatric hospital length of stay in areas outside Hartford, had not yet been provided. Ms. Henry and Ms. Quinn will communicate after the meeting about the data request and plan how this information will be provided to the local community group.

<u>COHP Behavioral Health Demographic & Utilization Data:</u> The Co-Chairs stated this should be reported to the full BHP Oversight Council. This will be referred to BHP OC Executive Committee at the June 3, 2009 meeting.

<u>Out-of-Network (OON) Health Practitioner Clarifying Memo (click icon below to view 2<sup>nd</sup> memo draft)</u>



The Consumer Access Subcommittee and this Subcommittee had requested DSS create a clarifying memo to practitioners about OON service prior authorization process that allows a health plan's member to obtain services from a provider that is not in the MCO provider network. This was needed for HUSKY members more during the transition period and remains a need for members in COHP that has a slower rate of provider network development. Richard Spencer (DSS) noted MCOs report 100% OON request approvals and DSS has not gotten calls regarding this. Sharon Langer asked if HUSKY Infoline has had calls for assistance with OON process. Mr. Spencer will check the Infoline monthly reports that he just

began receiving for calls related to OON. Mr. Spencer stated the process seems to be working as intended due to the MCO efforts to add to their networks, providers' willingness to accept OON and member flexibility.

- From past SC discussions, members should call their MCO member services to alert them that they have an appointment with a provider not in their MCO's network.
- Providers would contact their patient's MCO before the scheduled visit to request prior authorization and a payment rate for the service. Richard Spencer (DSS) noted that providers should be familiar with this process that is in the private insurance system.
- Sheldon Toubman emphasized the importance of informing non-HUSKY/COHP providers about PA process for OON. Mr. Spencer agreed this is important and will distribute the memo through State medical professional associations and website.

### <u>DCF Psychotropic Medication Consent Process</u> (Find consent process at: <u>www.ct.gov/dcf</u> click on "programs & servicess", scroll down to psychotropic Medication consent process)

Janet Williams, MD and Aurele Kamm, APRN (DCF) reviewed the DCF centralized consent process implemented in the Fall of 2007 for psychotropic medications prescribed **for DCF-involved children**. DCF Psychotropic Medication Advisory Committee (*PMAC*) that included prescribing providers, developed guidelines for psychotropic medication use in DCF children and adolescents with a "preferred drug" list and medication monitoring protocol. The BHP OC Quality SC recommended review of pediatric psychotropic prescribing patterns for <u>all</u> HUSKY children and PMAC is working with DCF, DSS and VO on this. While the HUSKY MCOs are not responsible for pharmacy services, they are the payers for medical tests and responsible for coordinating member care for 'carved-out services. DCF said there have been rare incidences of denied medical tests associated with psychotropics. The Subcommittee suggested and DSS agreed to organize a pharmacy work group of MCOs, DSS, DCF, CTBHP and BHP OC Quality SC chair to review the pediatric protocols, identify similarities in the current MCO system (s) and adopt the DCF guidelines to the general HUSKY pediatric population. Rose Ciarcia & Rich Spencer will try to organize this pharmacy work group before the July Subcommittee meeting.

#### Other topics

- The status of proposed budgetary items for prior authorization of psychotropic medications and reduction of temporary medication supply will not be know until the budget process has been completed.
- DSS will provide an update on E-prescribing in July.
- CTVoices has done a report on "Behavioral Health Care for New Mothers in HUSKY A "

Sharon Langer suggested the Medicaid Council's Women's Health SC join with this SC in July for that part of the meeting devoted to a review and discussion this report. An invitation will be extended to the Chair of the Women's Health SC.

- Subcommittee participants agreed to meet every other month beginning July 22, 2009. Agenda items for that meeting will include:
  - BH Care for New HUSKY Mothers
  - BHP & VO report on 1) Co-management data, 2) BHP agencies & MCO internal May operations meetings related to co-management criteria (from April SC meeting).
  - E-prescribing, OON memo & pharmacy work group updates DSS

# State budget statusHUSKY Transportation